



www.liberty-works.co.uk
01223 329992
anna@lpltd.go-plus.net

Lifetime Goal List

(Created by LCSi as a Coaching Tool)

April 2005

Re-created by **Anna Libby BSc, Student Life Coach** (MC12042661)

"As you think so you become".

You are what you think about all day. Your life today is your reality.

Are you having a good day today?

Do you know what you desire?

Do you know what you deserve?

Have you got what you want?

Have you got what it takes to get what you want?

Have you got enough?

Is your store cupboard full to over-flowing? Does your cup runneth over?

Is there clutter in your cupboard or is it full of abundance?

Remember all action that you take or do not take is the result of what you believe to be true and appropriate to the outcome of your desire.